



香港真光書院

Hong Kong True Light College

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School Mission

In pursuance of Jesus Christ's sacrificial love, True Light has been devoted to women' s education in over a century with the objectives of offering Christian education and a balanced education in the realms of morality, intellectuality, sociality, aesthetics, physical and spiritual development. We emphasize the importance of creativity, innovation, self-sacrifice, concern for others and the pursuit of excellence, in addition to upholding the spirit of the school motto "Thou art the light of the world". We are striving for achieving our common goals of fostering whole-person development of our students, and guiding them to learn to serve one another as well as the community at large.

School Information

Supervisor / Chairman of School Management Committee	Ms. Kwan Suet Ming		
Principal (with Qualifications / Experiences)	Ms. Ng Ka Man Carmen (Doctor of Education, Master of Education, Master of Science, Bachelor of Science)		
School Type	Aided	Student Gender	Girls
School Motto	Thou Art the Light of the World		
Name of Sponsoring Body	The True Light Middle School of Hong Kong School Management Board		
Area Occupied by the School	About 7711 Sq. M	Religion	
Parent-Teacher Association	Yes	Past Students' Association / School Alumni Association	Yes
Incorporated Management Committee	Established	Percentage of School Supervisor and Managers / Chairperson and Members of School Management Committee (SMC) of Government Schools Fulfilling the Training Targets	
4Rs Mental Health Charter	Yes	Whole School Health Programme	Pledged School

Teaching Staff Information (Including School Head) in the 2024/2025 School Year

Number of Teaching Posts in the Approved Establishment		56
Total Number of Teachers in the School		69
Qualifications and Professional Training (% of Teaching Staff)		
Had Received Teacher Training		70%
Bachelor Degree		54%
Master / Doctorate Degree or above		46%
Special Education Training		61%
Years of Experience (% of Teaching Staff)		
0 - 4 Years	5 - 9 Years	>= 10 Years
35%	16%	49%

Subjects Offered in the 2024/2025 School Year

S.1 - S.3	Chinese as the Medium of Instruction	Chinese Language, Putonghua, Chinese History, Citizenship, Economics and Society, Bible Studies, Physical Education, Life Education, Geography (S.3), History (S.3)
	English as the Medium of Instruction	English Language, STEAM, Integrated Science (S.1 & S.2), Life and Society (S.1 & S.2), Language across curriculum (S.1 & S.2), Science & Technology (S.3)
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	Mathematics, Computer Literacy (S.1 & S.2), Music, Visual Arts, Home Economics, Geography (S.1 & S.2), History (S.1 & S.2)
S.4 - S.6	Chinese as the Medium of Instruction	Chinese language, Citizenship and Social Development, Chinese History, History, Geography, Health Management and Social Care, Visual Arts, Bible Studies, Physical Education, Life Education
	English as the medium of instruction	English Language, Physics, Biology (S4 & S5), Information and Communication Technology, Business, Accounting and Financial Studies, Economics, Mathematics (Extended Part Module 1)
	Adopt a different medium of instruction by class or by group / school-based curriculum	Mathematics, Chemistry, Biology (S.6)

Subjects to be Offered in the 2025/2026 School Year

S.1 – S.3	Chinese as the Medium of Instruction	Chinese Language, Putonghua, Chinese History, Citizenship, Economics and Society, Bible Studies, Physical Education, Life Education, Geography (S.3), History (S.3)
	English as the Medium of Instruction	English Language, STEAM, Integrated Science (S.1 & S.2), Life and Society (S.1 & S.2), Language across curriculum (S.1 & S.2), Science & Technology (S.3)
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	Mathematics, Computer Literacy (S.1 & S.2), Music, Visual Arts, Home Economics, Geography (S.1 & S.2), History (S.1 & S.2)
S.4 – S.6	Chinese as the Medium of Instruction	Chinese language, Citizenship and Social Development, Chinese History, History, Geography, Health Management and Social Care, Visual Arts, Bible Studies, Physical Education, Life Education
	English as the Medium of Instruction	English Language, Physics, Biology, Information and Communication Technology, Business, Accounting and Financial Studies, Economics, Mathematics (Extended Part Module 1)
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	Mathematics, Chemistry

Class Structure & Chargeable Fees (2024/2025)

	S1	S2	S3	S4	S5	S6
No. of Classes	4	4	4	4	4	4
School Fee	-	-	-	-	-	-
Tong Fai	-	-	-	\$340	\$340	\$340
Parent-Teacher Association Fee	\$80					
Student Union / Association Fee	\$10					
Approved Charges for Non-standard Items	\$450 (house fee, student card, insurance, mobile app fee, copy fee, e-payment system fee etc.)					
Other Charges / Fees	.					

Remarks

For senior secondary levels, 4 classes are split into 5 classes.
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S.1 Admission, Orientation Activities & Healthy School Life

Secondary One Admission
Our school will accept discretionary places. Our school will participate in the Secondary School Places Allocation System through central allocation stage (Applicable for admission to S.1 in September 2025). Academic result and EDB rank order: 50% Interview: 40% Extra-curricular Activities Performance and Awards: 10%
Orientation Activities and Healthy Life
S.1 English Bridging Camp is conducted by Native English teachers. Learning strategy and bridging courses for Chinese, English, Maths, IS, value education and learning strategies are offered. Senior form students help S.1 students to adapt to the new secondary school life and provide them guidance with respect to their studies and interpersonal relationships. Health development of students is stressed and all students are required to have lunch at school. School is also participating in "EatSmart@School campaign organized by the Department of Health. School lunch box caterer provides healthy meal with complimentary fruits. Health information is sent to students over school intranet. Students are arranged to have an annual appointment at a Student Health Service Centre to receive services meeting with their health needs.

School Characteristics
School Management
School's Major Concerns: Strive for Knowledge Wholeness for Life
School Management Organisation: The School Sponsoring Body has deployed additional resources to employ Assistant Vice-principal, Chinese teacher, English teachers, NET teacher, religious master and social worker in order to provide our students with quality education. In addition, the school uses other fundings to employ additional teachers, assistant teachers and teaching assistants in various subjects.
Incorporated Management Committee / School Management Committee / Management Committee: Our School Sponsoring Body comprises members serving at business, insurance, education, social welfare, legal and engineering sectors of Hong Kong.
School Green Policy: Green ambassadors from each class collect used papers for recycling regularly. They also help to promote environmental awareness within their classes. Paper recycling bins are set up in the staff room, teachers and students work together to promote environmental protection.
Learning and Teaching Plan
Whole-school Language Policy: There are four classes in each of S.1 to S.3. Some classes adopt English as the medium of instruction, while the other classes adopt both Chinese and English as the medium of instruction. All S.1 and S.2 students use English as the medium of instructions in Integrated Science and STEAM in order to enhance students' English proficiency. In our school, the education policy of "biliteracy and trilingualism" has long been strongly emphasized. English split-class teaching is adopted in Secondary 1 to Secondary 6 classes. Chinese and Maths split-class teaching is adopted in S.1 to S.3 classes. Bridging courses are offered for S.3 to S.4 students to help them to adapt to the change of medium of instruction in learning. For senior secondary levels, 4 classes in each of S.4 to S.6 are split into 5 classes in order to enhance teacher-student interaction and language learning.
Learning and Teaching Strategies: According to EDB's focus inspection report, our school has nurtured students' good characters and positive learning attitude through both the formal and informal curricula. Moreover, our school has provided students with various activities to encourage them to think from different perspectives, thus building up their positive views on life and values. The report also points out that the goals of our school curriculum are clear, focusing on fostering students' all-round development. The English focus inspection report by the EDB shows that our school has put a large amount of resources, especially human resources, in English Language teaching. Our school principal has been passionate about the key learning area of English Language Education. Our school attaches great importance to students' English Language learning. The School Sponsoring Body has employed an additional English consultant and Native English teachers, and English split-class teaching is implemented in all levels. The passing percentage of Chinese Language and English Language in 2024 Hong Kong Diploma of Secondary Education Examination were about 99% and 97% which is higher than the average passing percentage of Hong Kong. There were eleven subjects with passing rates higher than 90%. Furthermore, there were five subjects with the percentage of Level 4 or above higher than that of Hong Kong day school students. The percentage of students entering the JUPAS bachelor degree programme is higher than the territory-wide level and the value-added results of four core subjects, best five subjects and several elective subjects are higher than the Hong Kong average. Our school has further utilized additional funding for group teaching in some core subjects and most of the elective subjects in Secondary 4, 5 and 6. This has substantially increased the teacher-student ratio and the interaction between teachers and students. More frequent feedbacks during lessons can be achieved so as to improve teaching effectiveness.
School-based Curriculum: 1. Electives: 2X. Our school offers 11 electives, Applied Learning programmes, Japanese elective and Mathematics (Extended Part Module 1) for students. 2. Curriculum highlights: The School Sponsoring Body has employed an additional English Language consultant to review the whole English curriculum. Split class teaching in all junior English lessons to ensure a smooth transition from junior to senior levels. Citizenship and Social Development, integrated Science and STEAM teachers work together to develop teaching materials and review the learning progress of students. Our school also offers Chinese and Mathematics split class teaching to students from S.1 to S.3. STEAM has been adopted as a junior core subject in order to cater student's learning diversity and enhance self learning. Moreover, our school has joined the Support Scheme for e-learning in schools by QEF, which allows students to use tablets for their interactive learning.
Major Renewed Emphases in the School Curriculum: The school is committed to promoting gifted courses, including Set Theory, to enhance students' observation, expression and integration abilities. Activities include secondary one mathematics theme-based lessons and after-school mathematics enrichment courses. Latin classes are launched to help students master English, Science, Biology and Medical vocabulary more easily. Our school has made outstanding achievements in moral and civic education. The school holds regularly value education classes, which covers comprehensive value education topics, and a special working group was established to promote National education and Chinese culture. In order to cooperate with the curriculum reform, STEAM and promoting reading culture are the school's learning and teaching priorities. STEAM has been incorporated into regular lessons and a working group for promoting reading culture have been established. In line with the new trend in university admissions, the school will provide opportunity for some Secondary 4 students to take 3X elective subjects in the 2025-2026 school year to provide students with a broader curriculum. In addition to the general Category A elective subjects, the school also provides off-campus courses in Physical Education, Music and Japanese to meet the diverse development of students.
Life Planning Education: Our school has a Further Education and Career Guidance Committee to promote career planning education at all levels. For example, all S.5 and S.6 students are provided with face-to-face individual counselling services by YMCA social workers.
Student Support
Whole School Approach to Catering for Learner Diversity: In order to expand students' learning experience outside the classroom and help them identify their personal goals in life, the school has arranged different programmes to cater for students' needs, including Experiential Learning Day, Exchange Programmes, Voluntary Service, University Visit, Professional Talk, Workplace Experience Plan, Mentorship Programme and Leadership Training Camp. Through discussions on current social issues, National education is effectively promoted. Students are groomed to establish comprehensive value educations. Students from different backgrounds are therefore effectively catered for. Split classes are practised in English, Chinese and Mathematics lessons from S.1-S.3.
Whole School Approach to Integrated Education: Our school adopts a “whole school approach” model to implement integrated education. We establish a learning support team, members include vice-principals, SENCO, SENST, school social workers and the educational psychologist to cater for students with special educational needs. We also arrange teachers to receive integration education training to enhance their professional competence. Our school makes a flexible use of the Learning Support Grant and other school, which includes hiring teaching assistants to provide students with appropriate after-school support and social skill training, and outsourced speech therapy services for students in need. We also cater for students’ learning diversity and improve their learning outcomes through diversified teaching strategies. Our school joins the “Student Mental Health Support Scheme” , and also works closely with school-based educational psychologists to conduct regular student assessments and meetings, and invite parents to participate in individual meetings to design concrete and feasible support programs for students. Our school is committed to building an inclusive culture.
Education Support for Non-Chinese Speaking (NCS) Students: Our school provides additional support for NCS students to facilitate their learning of Chinese: providing after-school support programmes in learning Chinese; appointing additional teacher(s)/teaching assistant(s) to support NCS students’ learning of Chinese; arranging intensive Chinese learning and teaching mode(s), e.g. pull-out learning if necessary, split-class/group learning, etc.; developing school-based Chinese Language curriculum and/or adapting learning and teaching materials; organising activities to create an inclusive learning environment in the school; and hiring additional manpower and/or translation/interpretation services to facilitate the communication with parents.
Measures to Provide Adaptation for Learning and Assessment:

Assessment for learning is for the purpose of consolidating learning and enhancing deep thinking skill. Hence, various forms of continuous assessment of a formative nature have been adopted to better reflect and monitor students' learning situation over time.

Home-School Co-operation and School Ethos
Home-School Co-operation: School-parent cooperation is highly treasured. The PTA engages in organizing a wide range of voluntary work and actively takes part in major school functions in order to tie in with the objective of the setting up of PTA. Parents highly appreciate school effort in cultivating students' values and multi abilities. A PTA Scholarship was established for students who attained outstanding grades in conduct. Our school has also got the sponsorship from QEF to set up the Parents Resources Centre.
School Ethos: Discipline and counseling work are put on equal footing in our school. To assist students to improve their academic results and exercise self-discipline, teachers are devoted to providing help and guidance to students in both pastoral and academic matters. Students are engaged enthusiastically in school affairs and activities and show a sense of belonging to our school. The teachers, students and parents of the school are enthusiastic about community service and practice the school motto of "Thou art the Light of the world".
Future Development
School Development Plan: Deep Thinking Project: Starting from 2020, our school will implement elite group teaching in Mathematics, Integrated Science, Chemistry, Biology, Physics and English from Secondary 2 to 6, in order to cultivate the deep thinking and abstract thinking abilities of the elite students. Apart from enhancing deep interactions between teachers and students, reading, researching, comprehension and application skills of the students are aimed to be developed. This project is jointly held with the Chinese University of Hong Kong. University professors will conduct some of the advanced courses and a series of scientific experiments in the universities for our students. The Centennial Enlightenment Project: In order to meet the learning needs of future students and enhance students' self-directed learning, our school has completed a large scale of construction and renovation of the following classrooms in 2020: 1. New Library (with lecture space, discussion area, self-study pavilion, careers and guidance room and VR multimedia room) 2. Performing Arts Theatre 3. Learning commons and English corner 4. 27 main classrooms, computer room, geography room and visual arts room With the new facilities, interactive and multimedia teaching and learning are facilitated. After completing the modernization project of the home economics room in 2023, the biology laboratory optimization project will be carried out in 2024. English Enhancement Measures: A Language Across Curriculum Team is established to coordinate and develop cross curricular teaching and learning materials incorporated with The University of Hong Kong in order to enhance the English standard of students.
Teacher Professional Training and Development: Focus Inspection pointed out that the school values teacher professional training and development in relation to the school concerns. Peer observation is encouraged. School visits to the Taiwan and Mainland are arranged to encourage educational exchange among teachers.
Life-wide Learning (Including Five Essential Learning Experiences to be Provided through Key Learning Areas, Extra-curricular Activities, Co-curricular Activities, etc.)
True Light girls have always put up outstanding performances in external activities. By the end of June 2024, a total of 549 awards were obtained by our students, including 35 championships, 39 first runners-up, 30 second runners-up, 18 third runners-up, 157 merits as well as certificates of awards and medals, and 270 other awards. The outstanding activities include the Hong Kong Battle of the Books 2023-2024 Modified Secondary School Section - Champion, Youth Leadership Award Program 2023 Outstanding Student, 2023-24 Outstanding Students in Extracurricular Activities in Hong Kong and 2023-24 Outstanding Member of the Community Youth Club.
School Facilities
Number of Classroom(s): 30
School Facilities: Air-conditioners, computers and projectors are installed in all classrooms and the school hall. A performing arts theatre is newly developed in 2019. A new library, learning commons and 30 newly renovated classrooms are developed in 2020. A new multi-purpose room is developed in 2021. The Home-Economic Room has been completely renovated in 2023. The new biological research laboratory project will be carried out in the 2024 academic year. Our premises houses a Computer-Assisted Learning Centre, a multi-medium Learning Centre, a School Archives and a multi-Purpose Room, a Student Activity Centre, a Gymnasium, an Orchestra Practice Room, a Student Union Room, a Prefects' Room as well as various conference and interview rooms for students to enjoy a better learning environment. There is an all-weather running track, a sandpit, a multi-purpose training area for tennis, softball and volleyball practices together with a piece of grass plot for field events training.
Facility(ies) for Supporting Students with Special Educational Needs: Accessible lift and Accessible toilet.
Others
An "Integrated Sports Training Centre" provides varied sports facilities for our students, which includes a multi-purpose basketball court, an archery field, an all-weather running track, a sandpit, a multi-purpose training area for tennis, softball and volleyball practice together with a piece of grass plot for field events training. With the additional resources granted by the School Management Board, the True Light Chapel and multi-purpose rooms have been built on the 7th floor. It constitutes a much more ideal learning environment for our students.
Direct Public Transportation to School
Lei Tung MTR station Exit A2 or B Bus: 91 · 94A · 97 · 97A · 98 · 99 · 171 · 671 · 90 · 90B · 95 · 95C · 590 · 590A · 592 · 595 MiniBus: 39C · 39M