



保良局胡忠中學

Po Leung Kuk Wu Chung College

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School Mission

Our school motto is ‘Love, Respect, Diligence and Honesty’ and we adhere to the guiding principles of Po Leung Kuk to provide our students with an all-round education. Our emphasis on moral education helps nurture a love for life and sense of selflessness in our students. We work in the belief that our professional teachers can inspire students to attain perfection.

School Information

Supervisor / Chairman of School Management Committee	Mr. Lam Shing Ngai		
Principal (with Qualifications / Experiences)	Mr. Chan Kwong Yiu (BSc (CUHK), Cert Ed (HKU))		
School Type	Aided	Student Gende	Co-ed
School Motto	Benevolence, Respect, Diligence, Sincerity		
Name of Sponsoring Body	Po Leung Kuk		
Area Occupied by the School	About 5000 Sq. M	Religion	
Parent-Teacher Association	Yes	Past Students' Association / School Alumni Association	
Incorporated Management Committee	Established	Percentage of School Supervisor and Managers / Chairperson and Members of School Management Committee (SMC) of Government Schools Fulfilling the Training Targets	
4Rs Mental Health Charter	Yes	Whole School Health Programme	Pledged School

Teaching Staff Information (Including School Head) in the 2024/2025 School Year

Number of Teaching Posts in the Approved Establishment		55
Total Number of Teachers in the School		63
Qualifications and Professional Training (% of Teaching Staff)		
Had Received Teacher Training		84%
Bachelor Degree		100%
Master / Doctorate Degree or above		48%
Special Education Training		41%
Years of Experience (% of Teaching Staff)		
0 - 4 Years	5 - 9 Years	>= 10 Years
32%	14%	54%

Subjects Offered in the 2024/2025 School Year

S.1 - S.3	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Citizenship, Economics and Society (S.1), Moral Education, Putonghua, STEAM, Music, PE, Visual Arts
	English as the Medium of Instruction	English Language, Mathematics, Science
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	Life and Society (S.2 & S.3), Geography, History, Computer Literacy, Economics and Financial Literacy (S.3)
S.4 - S.6	Chinese as the Medium of Instruction	Chinese Language, Chinese History, History, Geography, Citizenship and Social Development, Visual Arts, Information and Communication Technology
	English as the medium of instruction	English Language, Mathematics, Physics, Chemistry, Biology, Economics, Business, Accounting and Financial Studies
	Adopt a different medium of instruction by class or by group / school-based curriculum	-

Subjects to be Offered in the 2025/2026 School Year

S.1 – S.3	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Citizenship, Economics and Society (S.1 & S.2), Moral Education, Putonghua, STEAM, Music, PE, Visual Arts
	English as the Medium of Instruction	English Language, Mathematics, Science
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	Life and Society (S.3), Geography, History, Computer Literacy, Economic and Financial Literacy (S.3)
S.4 – S.6	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Citizenship and Social Development, Visual Arts
	English as the Medium of Instruction	English Language, Mathematics, Physics, Chemistry, Biology, Economics, Business, Accounting and Financial Studies
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	History, Geography, Information and Communication Technology

Class Structure & Chargeable Fees (2024/2025)

	S1	S2	S3	S4	S5	S6
No. of Classes	4	4	4	4	4	4
School Fee	-	-	-	-	-	-
Tong Fai	-	-	-	\$340	\$340	\$340
Parent-Teacher Association Fee	\$25					
Student Union / Association Fee	\$40					
Approved Charges for Non-standard Items	S.1-S.5: \$450, S.6: \$300. For maintenance of air-conditioners; maintenance of eClass, installation of interactive smart TVs in the classrooms.					
Other Charges / Fees	Replacement of student card \$20					

Remarks

Other Learning Experiences are integrated with extra-curricular activities in various aspects such as Arts Education, Career and Life Planning, Physical Education, Moral Education, School Assembly, Leadership Training Program and study tours etc.

S.1 Admission, Orientation Activities & Healthy School Life

Secondary One Admission
Our school will accept discretionary places. Our school will participate in the Secondary School Places Allocation System through central allocation stage (Applicable for admission to S.1 in September 2025). Selection criteria for S1 Discretionary Places: Rank order of EDB accounts for 70% and performance in interview accounts for 30%. Interview activities include reading aloud English and Chinese passages, an interview conducted in both English and Chinese, science experiments etc. Bonus marks will be given to applicants with outstanding performance in ECAs, such as being representatives of HKSAR, medal winners in interschool competitions etc.
Orientation Activities and Healthy Life
All-round Orientation Program: In-depth interviews with students, growth mindset orientation week for new S.1 students, parents’ meetings, summer English reading scheme and library services, bridging courses, 'Peer Counselling' Scheme' and 'Sunshine Buddy' will carry out workshops to help new S.1 students to adapt to the new learning environment. All the support measures and parents’ workshops and meetings will continue throughout the school year.

School Characteristics
School Management
School's Major Concerns: <div>1. To consolidate strategies for self-regulated learning and boost students' motivation for learning. 2. To promote engagement and well-being.</div>
School Management Organisation: <div>School-based Management is adopted. Comprising three vice principals, panel heads and committee chairpersons, the School Development and Self-evaluation Committee formulates school development plans. Through regular meetings, middle managers device and supervise the implementation of plans and programmes. All teachers are encouraged to express their opinion and evaluate their work so that the quality of education provided can be maintained, contributing to the sustainable development and improvement of school.</div>
Incorporated Management Committee / School Management Committee / Management Committee: <div>The IMC of Po Leung Kuk Wu Chung College</div>
School Green Policy: <div>We were awarded Innovation Award in the Ocean Park Conservation Alliance Programme. We purchase electrical appliances with Grade 1 Energy Label and install temperature sensors and timers to control the air-conditioners in the classrooms. We also work in line with the Environment Protection Policy of Po Leung Kuk. We hold inter-class competitions, talks and drama performances to enhance students’ awareness of environmental protection. In 2023-2024, our students joined the Green Prefect Programme organized by the Environmental Campaign Committee, with 8 students being awarded the Certificate of Appreciation and 2 students Outstanding Award. We also join the Jockey Club BEAM Plus in Schools Project to help reduce at least 10% carbon intensity, thus being granted Outstanding Performance in the category of Sustainable Campus Environment.</div>
Learning and Teaching Plan
Whole-school Language Policy: <div>We have classes using English as the medium of instruction at junior levels. For other junior classes, Mathematics and Science are taught in English and therefore students' English proficiency can be greatly improved. Small class teaching helps to enhance the English Language proficiency of students. Students are divided into small classes for the English lessons and there are altogether 33 teaching groups, which is conducive to individual counselling. The percentage of our students reaching Level 3 or above in Chinese Language and English Language are above the average of all candidates. Our morning assemblies are conducted in Cantonese, English and Putonghua. Supported by QSIP of CUHK and led by the English Panel Chairperson, the English Panel works together with Geography, History and Life and Society Departments on language across the curriculum (LAC) to enhance students' ability and confidence to learn various subjects in English.</div>
Learning and Teaching Strategies: <div>1. Learning and teaching: We promote self-regulated learning, placing emphasis on lesson preparation and note-taking skills. We adopt ‘Assessment for Learning’ and implement interactive learning approaches in our lessons. We especially focus on the development of our students’ reading ability and the learning of core subjects. 2. Enhancement programmes in the junior forms: Starting from S.2, enhancement programmes for core subjects are provided to help students build stronger foundations in preparation for the HKDSE. 3. STEAM and gifted education: Gifted education programmes are available for the junior form students.</div>
School-based Curriculum: <div>1. Electives: 2X and 3X. Students can also take Mathematics Extended Part Module 2 as an elective. 2. Curriculum highlights: We offer 10 subjects to cater for students' diverse interests. Small group learning and teaching are carried out in core subjects. Also, we offer school based STEAM courses and learning skills for junior form students. Arts Education and Career and Life Planning lessons are implemented at senior secondary levels.</div>
Major Renewed Emphases in the School Curriculum: <div>1. Moral and Civic Education: Moral and Civic Education is integrated into form teacher periods, assemblies, 'Sunshine' lessons, talks and workshops are held regularly to instil positive values and mindset in students. 2. Reading to learn: An Extensive Reading Scheme and school-based reading awards are implemented to enhance students’ reading proficiency. Students are required to read both Chinese and English newspapers. Junior forms and S.4 students are required to read at least 15 and 16 books a year respectively. Reading periods are allocated. Our school library is open even during school holidays and we spend a minimum of \$100,000 on the purchase of new books every year. 3. Project learning: Co-curricular activities and project-based learning are promoted. For example, the Chinese Department and Chinese History Department co-organize annual field trips to different parts of Hong Kong. Students studying Geography go on field trips every year. Apart from field trips, Biology students take part in after-school bio-engineering projects. 4. Information Technology for Interactive Learning: School-based STEAM programmes are offered in junior forms. Activities are designed to cultivate students' interest in innovative technology, thus enhancing students' ability to apply science, technology, engineering and mathematics in daily life. The programmes also encourage teamwork and the development of problem-solving skills. Through inter-school competitions, students' horizons are broadened. Our school won various awards in STEAM-related competitions, such as the champion in AI x HK OpenCup organized by Hong Kong Baptist University, the overall champion of Inter-Secondary School Green Deck Landscape Design Competition 2022 organized by the Hong Kong Polytechnic University, as well as the champion and the second place in Shaping Our Future City in 2022 and 2023 respectively. Our student also achieved outstanding result in a competition organized by Weixin and got the opportunity to participate in an exchange programme to Cambridge, UK.</div>
Life Planning Education: <div>Since 2016, our school has participated in “CLAP @ JC” program funded by Jockey Club Hong Kong, receiving funding to establish a Career Counselling Room to facilitate more effective counselling for career and life planning and other related activities. Starting in 2021, we introduced the " Hong Kong Benchmarks for Career and Life Development" (HKBM) to review and optimize our career planning development. From 2022 onwards, we became a resource school for the "CLAP" program, promoting professional exchange between schools through inter-school activities, sharing effective strategies in career development, enhancing teachers' professionalism, and providing students with appropriate career planning counseling to help them choose suitable paths for further education or career development. From junior to senior forms, we set up different themes and hold various workshops to equip students with the necessary knowledge, soft skills, and attitudes, complemented by group and individual counseling. This helps students make choices for further education or employment based on their interests, abilities, and aspirations. In senior forms, we offer a career planning course that systematically promotes career planning, training students in various skills and preparing them to meet challenges.</div>
Student Support
Whole School Approach to Catering for Learner Diversity: <div>We have remedial teaching in English, Chinese and Mathematics at junior levels. Having two form teachers for each class enhances the pastoral care for students. We organize various workshops and activities to help students develop their character strengths so that students will have a stronger sense of well-being. We also strive to develop students’ ability to show gratitude and encourage teachers and parents to communicate with students using positive expressions. Junior form students will also take part in the “I Promise” scheme funded by Quality Education Fund. As for senior forms, we promote career and life planning. We also operate after school supplementary revision programmes and other programmes for the less capable students.</div>
Whole School Approach to Integrated Education: <div>Established Student Support Team and appointed a senior teacher as SENCO. Emphasis on home-school cooperation, SST member as an executive member of PTA. Close liaison with school counselor, school social worker and educational psychologist. A case conference is held when necessary.</div>
Measures to Provide Adaptation for Learning and Assessment: <div>1. Formative assessment is adopted to inform students of their learning performance regularly and allow students to reflect on their learning. 2. A self-learning section is included in junior form examinations to promote self-regulated learning. 3. There are three examinations a year, with daily assessments. Students' performance is analysed in detail to improve learning and teaching.</div>

Home-School Co-operation and School Ethos
Home-School Co-operation: Our PTA was set up in 1997. We arrange Parents Reading Club and voluntary services for the elderly. Our parents act as role models to their children.
School Ethos: With our belief in rigour and care, ensuring students’ good discipline is our major concern. Various disciplinary and guidance programmes are launched to regulate the behaviour of our students. Our students are appraised by their parents and neighbors.
Future Development
School Development Plan: 1. To optimise the curriculum and promote language across curriculum; to consolidate strategies for self-regulated learning and boosting students' motivation for learning 2. To continue promoting positive education and well-being; to provide opportunities for WuChungers to utilise their strengths in the service of others.
Teacher Professional Training and Development: Teachers’ development is enhanced through development days of different themes, lesson co-planning and peer lesson observation. In order to turn our staff into a learning community, teachers are encouraged to take professional development courses.
Life-wide Learning (Including Five Essential Learning Experiences to be Provided through Key Learning Areas, Extra-curricular Activities, Co-curricular Activities, etc.)
1. Leadership: Students' bodies and organisations such as the Student Union, School Prefects, Sunshine Buddies, Career and Life Planning Prefects, Student Ambassadors, Academic Prefects, Student Librarians, Campus Management Ambassadors, etc. 2. Extra-curricular activities: A total of over 40 school clubs are available. Each student is required to join at least one. Students are encouraged to participate in inter-school competitions and activities to broaden their horizons. Students get to learn various musical instrumental, dance and ball games. 3. Voluntary service: Service learning is promoted. Students from different forms are required to do voluntary work to serve the community. Our school participates in the V Go Easy Award Scheme organised by the Hong Kong Children & Youth Services. 4. Wu Chung Cafe and Wu Chung Tea Club have been set up to train students' patience and concentration. They also provide opportunities for students to serve and enhance their ability to appreciate different cultures. 5. Uniform groups are available: Girl Guides, Student Flag Guard Team, Red Cross Youth—Youth Unit, Civil Aid Service, Custom YES and Immigration Department Youth Leader Corps to add colours to students' school life. 6. Chinese Martial Arts Club exposes students to the traditional Chinese culture. Not only does it enhance students' physical competence, but it also boosts students' self-discipline, resilience and perseverance. 7. Other learning experiences include art education, career and life planning programmes, community service and job shadowing and tasting programmes to broaden students' horizons.
School Facilities
Number of Classroom(s): 28
School Facilities: Sir Gordon Wu Lecture Theatre and Lady Ivy Wu English Centre, as well as other facilities such as the Health Hub, Dance Studio, Career and Life Planning Counselling Room, STEM Laboratory, Ngan Po Ling Multi-purpose Centre, Centre for Workplace Development, Campus TV Station and Wellbeing HUB. ' Smart Blackboards' have been installed in all classrooms.
Facility(ies) for Supporting Students with Special Educational Needs: Accessible lift and Accessible toilet.
Others
We set up a scholarship scheme with more than 40 items to award our students in different aspects, including academic achievements and improvements, good performance in sports and activities, good conduct and services etc. STEAM-related competitions, book report competitions etc. are some of our best activities. Many of our students have been awarded Outstanding Students Awards in Shatin and other outstanding student competitions. Our Chinese and English debating teams have obtained remarkable results. Our students have won various awards in Hong Kong Schools Music Festival and Hong Kong Schools Dance Festival. Also, one of our students won the Merit Award in 4.23 World Book Day and introduced her piece to Mr Kevin Yeung, GBS, JP, Secretary for Culture, Sports and Tourism. We emphasise the importance of national education. Our students won the second prize in National Education Quiz organised by Immigration Department Youth Leaders Corps. We organise study tours to Canada, Singapore, South Korea and various cities in China such as YunnanB and the Greater Bay Area.
Direct Public Transportation to School
1. MTR (Heng On Station). 2. Buses: 40X, 43X, 81C, 85K, 85M, 85X, 86C, 86K, 86S, 87D, 87K, 89C, 89D, 286C, 286M, 299, 680, 681 and 682. 3. Mini-bus: 26 (Tai Po), 806B, 807A/807C (University), 810, 808, 811B.