



香港真光中學
The True Light School of Hong Kong

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School Mission

We use "Jesus is the True Light of the World" as our school name, and "Educating people for God" as our school mission by living up to the truth of how Jesus sacrificed His life for loving us and cultivating talents for the society, the nation and the world.

School Information

Supervisor / Chairman of School Management Committee	Ms. Man Yuk Ming, Arita		
Principal (with Qualifications / Experiences)	Ms. Hui Tuen Yung Frances (Master of Arts in School Improvement and Leadership (CUHK), Postgraduate Certificate in Advanced Educational Studies (Gifted education & talent Development) (HKU), Bachelor of Arts (HKU))		
School Type	Aided	Student Gender	Girls
School Motto	Thou art the Light of the World		
Name of Sponsoring Body	The True Light Middle School of Hong Kong's Board of Trustees		
Area Occupied by the School	About 10000 Sq. M	Religion	Protestantism / Christianity
Parent-Teacher Association	Yes	Past Students' Association / School Alumni Association	Yes
Incorporated Management Committee	Established	Percentage of School Supervisor and Managers / Chairperson and Members of School Management Committee (SMC) of Government Schools Fulfilling the Training Targets	
4Rs Mental Health Charter	Yes	Whole School Health Programme	Pledged School

Teaching Staff Information (Including School Head) in the 2025/2026 School Year

Number of Teaching Posts in the Approved Establishment	52	
Total Number of Teachers in the School	63	
Qualifications and Professional Training (% of Teaching Staff)		
Had Received Teacher Training	94%	
Bachelor Degree	100%	
Master / Doctorate Degree or above	63%	
Special Education Training	56%	
Years of Experience (% of Teaching Staff)		
0 - 4 Years	5 - 9 Years	>= 10 Years
16%	13%	71%

Subjects Offered in the 2025/2026 School Year

S.1 - S.3	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Putonghua, Religious Studies, Life Education
	English as the Medium of Instruction	English Language, English Drama, English Literature, Mathematics, Science (S.1 to S.2), Physics (S.3), Chemistry (S.3), Biology (S.3), History, Geography, Computer, Citizenship, Economics and Society, Visual Arts, Home Economics, Music, Physical Education
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	-
S.4 - S.6	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Chinese Literature, Religious Studies
	English as the Medium of Instruction	English Language, Mathematics, Citizenship and Social Development, Geography, Chemistry, Physics, Biology, Information & Communication Technology, Business, Accounting & Financial Studies, Economics, History, Music, Extended Modules (M1 and M2) in Mathematics, Aesthetic Development, Physical Education
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	-

Subjects to be Offered in the 2026/2027 School Year

S.1 - S.3	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Putonghua, Religious Studies, Life Education
	English as the Medium of Instruction	English Language, English Drama, English Literature, Mathematics, Science (S.1 to S.2), Physics (S.3), Chemistry (S.3), Biology (S.3), History, Geography, Computer, Citizenship, Economics and Society, Visual Arts, Home Economics, Music, Physical Education
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	-
S.4 - S.6	Chinese as the Medium of Instruction	Chinese Language, Chinese History, Chinese Literature, Religious Studies
	English as the Medium of Instruction	English Language, Mathematics, Citizenship and Social Development, Geography, Chemistry, Physics, Biology, Information & Communication Technology, Business, Accounting & Financial Studies, Economics, History, Music, Extended Modules (M1 and M2) in Mathematics, Aesthetic Development, Physical Education
	Adopt a Different Medium of Instruction by Class or by Group / School-based Curriculum	-

Class Structure & Chargeable Fees (2025/2026)

	S1	S2	S3	S4	S5	S6
No. of Classes	4	4	4	4	4	4
School Fee	-	-	-	-	-	-
Tong Fai	\$550	\$550	\$550	\$550	\$550	\$550
Parent-Teacher Association Fee	\$70					
Student Union / Association Fee	\$20					
Approved Charges for Non-standard Items	\$310 Expenditure on non-standard items (maintenance of various facilities on the school campus)					
Other Charges / Fees	Form Association Fee (S.1 \$20, other Forms \$10)					

Remarks

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S.1 Admission, Orientation Activities & Healthy School Life

Secondary One Admission

Our school will accept discretionary places. Our school will participate in the Secondary School Places Allocation System through central allocation stage (Applicable for admission to S.1 in September 2026).

Criteria and weightings for discretionary places: Academic assessment in P.5 & P.6 (55%), Interview performance (20%), Conduct, Awards, extra-curricular activities & services (25%).

Orientation Activities and Healthy Life

"Get-Set-Go Orientation Programme" is run for S.1 students in August every year. The course is organized on a variety of subjects, namely English Summer Camp, Chinese Writing and Reading Strategies, Mathematics, self-exploration activities and ECA experience. Besides, Blessing Ceremony and Parents Day are also held before school starts to introduce the school policies and operation of the school so that students and parents can adapt to the new environment smoothly. Each form has developed specific goal to help students grow healthily: S.1 I am a responsible secondary student; S.2 RISE Together 【RISE: Responsibility, Inclusion, Support, Empathy】; S.3 Grow with an empathic heart Strive with a strong will; S.4 Self-Discovery Journey; S.5 Empathize Inward X Empathize Outward; S.6 R.E.S.T. Reach Every Star Together!

School Characteristics
School Management
School's Major Concerns: Leap to learn well Learn to live well
School Management Organisation: Learning and teaching, student support, and new school development are the respective responsibilities of the three Vice Principals. In addition, our school has sections such as Executive Committee, Academic Affairs Section, Religious Affairs Committee, Guidance Team, Discipline Team, Civic Education Team, Careers Team, ECA Team, Inclusive Education Team, Students Affairs Committee, IT Development Team, and Teachers' Professional Development Team, among others. Their concerted efforts are crucial to the development of the school.
Incorporated Management Committee / School Management Committee / Management Committee: The IMC has 15 members, including alumni, parents, and professionals. They are responsible for formulating the school's development strategy and direction.
School Green Policy: Our school is dedicated to fostering a culture of environmental responsibility and sustainable living. Through our Civic Education Committee, we actively engage students in initiatives focused on waste reduction, reuse, and recycling. By organizing educational talks and immersive field trips, we aim to deepen our students' understanding of environmental protection and the principles of sustainable development. We are committed to supporting government green policies and continuously improving our campus's energy efficiency and overall environmental performance.
Learning and Teaching Plan
Whole-school Language Policy: Our school uses English as the medium of instruction in all subjects except Chinese Language, Chinese History, Putonghua, Religious Studies and Life Education. Apart from that, we also emphasize the teaching Chinese and Putonghua. Through the NET scheme ' Chinese and English Reading Across the Curriculum Literacy Programme, Drama curriculum, English Week and Putonghua Activities and overseas study tours, we hope that our students can achieve high levels of proficiency in "biliteracy and trilingualism".
Learning and Teaching Strategies: The core of the school's teaching strategy is tailored education, guided by the goal "Leap to Learn Well, Learn to Live Well," which aims to achieve a balance between academic excellence and whole-person development. In its teaching approach, S1 classes are of mixed ability to build a solid foundation. From S2 onwards, enhancement and parallel classes are established to cater to diverse learning needs. The curriculum is designed to be broad in junior secondary and specialized in senior secondary, offering diverse elective combinations to ensure students can discover their potential and smoothly transition to higher education. English language education is a key strength of the school. The school implements an immersive teaching approach with innovative methods, such as integrating "Process Drama" into the classroom. It has also established an English Centre and hired additional native-speaking English teachers, which effectively enhances students' interest and abilities, leading to outstanding achievements in public examinations. The school also proactively promotes "STEAM for All" education, systematically cultivating students' innovative and technological mindset with a curriculum that ranges from basic programming in S1 to advanced courses in AI. Students also have opportunities to represent Hong Kong in international competitions, putting their learning into practice. Furthermore, the school deepens students' humanities through experiential learning, such as field trips and school-based arts courses.
School-based Curriculum: 1. Electives: 3X. According to their interest and abilities, each senior secondary student chooses three elective subjects out of the thirteen subjects. Core subjects like English, Chinese and Mathematics are taught in small groups of about 25 students to enhance the learning effectiveness. 2. Curriculum highlights: The Chinese Language curriculum of our school incorporates elements of Chinese culture into teaching, through reading and writing to cultivate students with traditional Chinese virtues. The S1-S3 school-based English Drama and English Literature curriculum not only increases students' confidence in English speaking, their creativity and artistic performance ability are also cultivated. Additionally, STEAM education courses are provided to all junior secondary students, where they learn about robotics, coding, 3D printing, etc. Moreover, the school-based Aesthetic Development programme in senior secondary levels offers students diverse learning experiences, nurturing their interests and appreciation in drama, music, art, and film.
Major Renewed Emphases in the School Curriculum: Our school has been constantly upgrading its facilities during the past years to optimize the teaching and learning environment. In 2013, the Indoor Heated Swimming Pool was completed, allowing the pool to be open all year round for classes and swimming team training. In 2014, "True Light Oasis" was opened. The 1/F mainly includes computer rooms and multifunctional learning rooms to facilitate collaborative learning. The 2/F is the Library, equipped with various electronic tools to enhance students' interest in pursuing knowledge and understanding society with a global vision. Since 2014, the school has implemented the "BYOD, Bring Your Own Device" policy, allowing students to bring tablets back to school for classes to enhance interaction and students' independent learning. In 2015, the school was appointed as a Center of Excellence in Information Technology Education, and the school's accomplishments and capabilities in IT education have been recognized by the education sector. In 2021, a STEAM room was established to cultivate students' cross-disciplinary (Science, Technology, Engineering, Maths, Arts) and cross-domain thinking, and encourage students to apply different subject knowledge to enhance innovation and problem-solving abilities. Drama education is a major feature of our school's English curriculum, with Process Drama as the core approach. English drama classes are offered from Secondary 1 to 4, using different art forms such as puppetry and sand animation to increase students' interest and confidence in expressing themselves in English. In Secondary 5, students take drama production classes covering areas like directing, acting, costumes, set design, lighting etc. This allows students to write, direct and perform their own English language plays.
Life Planning Education: The aims of our Career and life Planning development are as follows: 1. To assist students in understanding their interests, abilities, needs, and priorities in relation to further education. 2. To provide individual and group guidance on study and job opportunities and to assist students when they apply for further studies. 3. To arouse students' awareness of their connection with inner selves, living, and others and facilitate their adjustments so as to better balance their personal and life development. 4. To guide students to make their choices of study rationally by understanding their inner selves and their life development opportunities through homeroom session activities. 5. To better balance their studies and understanding of the careers world by providing job shadowing, company visits, and a True Light mentorship program.
Student Support
Whole School Approach to Catering for Learner Diversity: There is split class arrangement of core subjects Chinese, English and Mathematics to cater for needs of different students. Teaching materials are tailored & different teaching approaches are adopted to suit students' different learning styles and to develop their abilities. Enrichment programs and remedial classes have been offered for higher-ability and weaker-ability students to develop their potentials and enhance their capacity. The Academic Affairs Section coordinated all the courses for the Gifted and Talented.
Whole School Approach to Integrated Education: To support students with Special Educational Needs (SEN), our school has established an Inclusive Education Team that implements a variety of measures. For academic and assessment purposes, we provide students in need with adapted learning materials and assessment accommodations, and a special examination room is arranged to ensure fair and valid evaluations. Additionally, we offer targeted support programs, including social skills training for students with social difficulties and a school-based speech therapy service that provides regular individual training for those with speech and language impairments. To ensure our faculty is well-equipped to assist these students, professional speakers are regularly invited to conduct staff development programs.
Education Support for Non-Chinese Speaking (NCS) Students: Our school provides additional support for NCS students to facilitate their learning of Chinese: providing after-school support programmes in learning Chinese; appointing additional teacher(s)/teaching assistant(s) to support NCS students' learning of Chinese; arranging intensive Chinese learning and teaching mode(s), e.g. pull-out learning if necessary, split-class/group learning, etc.; developing school-based Chinese Language curriculum and/or adapting learning and teaching materials; and organising activities to create an inclusive learning environment in the school. In addition, our teaching assistant offers career planning consultation for NCS students.
Measures to Provide Adaptation for Learning and Assessment: Our school adopts a balanced assessment policy. Assessment for learning and of learning are given equal weights, i.e. 50% for daily marks and 50% for examination. In terms of assessment for learning, the following strategies are practiced: 1. give detailed written and oral feedback on assignments; 2. discuss the main problems and mistakes with students after assessments; 3. display and share students' good works to provide marking guidelines and sample answers.

Home-School Co-operation and School Ethos
<p>Home-School Co-operation: Communication channels between parents and school are diversified and appropriate: "Parents' Day" of all levels is held throughout the year to make close contact with parents on students' performance and major school development. Parents are invited to attend major school functions such as Speech Day, Prize Presentation Day & S.1 Association Inauguration, Sports Day, Swimming Gala, etc. Parents show their support to the development of the school by serving as volunteers. The Parents Teacher Association (PTA) helps to strengthen the link between parents and the school. Every year the Christmas offering to charity organizations and Annual Fun Fair are launched by the PTA. The funds raised are used to support the charity organizations, evangelical bodies and the needy students in the school. Various PTA talks and groups are held by social workers and Student Supporting Team to strengthen parents' practical parenting skills and widen their perspectives when witnessing misbehaviors of their children, which might trigger misunderstanding and conflicting situations. Handicraft workshops, culinary workshops, father-child camps, used book sales and etc. are also organized.</p>
<p>School Ethos: Towards the end of the Qing Dynasty, a young North American female missionary travelled a far distance to Guangzhou with the religious mission to spread Christianity to China. In order to provide Chinese women with education opportunities, she founded the first True Light School in 1872. It was one of the first colleges for women in South China, and Guangzhou. This female missionary is our school founder, Miss Harriet Noyes (1844-1924). Her religious zeal laid the foundations for the school's future development in education. In pursuit of the ideal cherished by our school founder, our school provides a quality Christian education, aiming at inculcating our students with the values embodied in the Bible and preparing them as a generation knowing how to love themselves and others, to distinguish between right and wrong, and to live in integrity and with a good sense of responsibility. True Light places preeminent emphasis on fostering students' moral character and is committed to upholding the school motto "You are the Light of the World". Under a harmonious and friendly school culture, our class teachers, subject teachers and club advisors serve as guides of our students on their path of growth. Guidance and counselling programmes are conducted to help students positively face the challenges ahead and move forward to lead a fruitful life.</p>
Future Development
<p>School Development Plan: 2024-27 School Development Plan Major Concern 1: Leap to Learn Well - Enhancing students' proactivity in learning within the classroom; - Cultivating students' learning habits and self-regulated learning skills. Major Concern 2: Learn to Live Well Nurture our students: - To understand and appreciate themselves more, develop their personal strengths and accept their own shortcomings and limitations; - To practice empathy, respect others and get along & collaborate with people; - To build up "growth mindset", enhance resilience and well-being.</p>
<p>Teacher Professional Training and Development: Teachers' Professional Development Section provides teachers with resources for further studies and training and assists them in pursuing their professional development. The section also organizes related professional development activities based on the needs and new trends in their professional development. The section continues to organize class observation activities, encourages the practice of opening the classroom for exchanging ideas, with the hope that colleagues can have more exchange in their teaching experience.</p>
Life-wide Learning (Including Five Essential Learning Experiences to be Provided through Key Learning Areas, Extra-curricular Activities, Co-curricular Activities, etc.)
<p>In order to provide our students with a wide variety of educational opportunities, a variety of disciplines engage in field studies that make use of the resources that are available in the surrounding area. Students in the junior form, investigate issues such as the preservation of cultural and historical heritage, environmental challenges, and the many uses of urban area, etc. Students at higher levels of education study topics such as geological parks and sustainable cities. In order to broaden the horizons of our students, our school hosts immersion programs and study tours during the summer break. These programs include study and service tours to places like Mainland and Singapore, as well as study tours to places like Britain, Canada, and Australia, among other places. Aside from that, our school offers over fifty extra-curricular activities for students to participate in, through which they are able to exhibit their passions and skills while also taking pleasure in the pursuits of their own personal interests.</p>
School Facilities
Number of Classroom(s): 33
<p>School Facilities: To meet the evolving needs of the times, we continually update and expand our learning facilities. Nine decades of dedicated development have allowed the school's equipment to become increasingly comprehensive. All classrooms are equipped with air conditioning, computers, ultra-short-throw laser projectors, wireless internet, and Apple TV to satisfy the various needs of teaching and learning activities and to promote students' self-directed learning. In addition to the True Light Oasis, electronic learning areas, home economics rooms, sewing rooms, library, English Centre, laboratories, and STEAM studios, we also offer a full-sized all-weather sports field, indoor gymnasium, heated indoor swimming pool, three dance studios, a multi-purpose covered playground, school history room, career planning room, counseling office, Black Box Theatre, True Light Chapel, campus television station, and self-directed learning rooms—providing ample resources to support the development of multiple intelligences and holistic education.</p>
<p>Facility(ies) for Supporting Students with Special Educational Needs: Accessible lift, Accessible toilet and accessible public information / service counter.</p>
Others
<p>Students who are in financial need have access to a variety of scholarship and grant opportunities. For instance, the Dr. Koo Kwok Yee Memorial Awards for Study Tour. In addition, the Shaw Wai Ming Foundation was established to provide financial assistance to disadvantaged students and alumni who wish to further their education.</p>
Direct Public Transportation to School
<p>Bus: 11, 23B, 25A, 26, 41A, 63, 81, 108; Minibus: 21M</p>